a local's guide.

(101) 10 TO EXPLORE IN THE West Des Moines AREA.

West Des Moines, Iowa, is a vibrant suburban city known for its blend of modern amenities, family-friendly neighborhoods, shopping centers, and access to outdoor recreation, all within a short distance from the state's capital.





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No. 1 farmer's market

Valley Junction Farmer's Market

The Valley Junction Farmers Market is home to over 80 weekly vendors selling fresh produce, baked goods, plants and flowers, arts and crafts, and prepared foods. Join your friends and neighbors from 4:00 – 8:00 pm. Special performances events are scheduled throughout the season.

Valley Junction Farmer's Market





No. 2 coffee shop

Sweet Dude Coffee

Casual coffee shop serving drinks and desserts including crepes and choux.

Sweet Dude Facebook



No. 3 lunch favorite

Coopers on 5th

Old-school neighborhood bar & eatery serving sandwiches & elevated American comfort food.

Coopers on 5th Website

No. 4 events

Raccoon River Palooza

The City of West Des Moines and the West Des Moines Chamber of Commerce are excited to announce the 4th Annual Raccoon River Palooza! This is a FREE family-friendly, rain-or-shine event and everyone is invited. **Raccoon River Palooza**

Earth Day Family Fun

offering free outdoor activities focused on environmental education and entertainment. Stop by community vendor tables, take home giveaways, create art and games from recyclable materials, go fishing, and meet live animals

Earth Day Family Fun Website





No. 5 Brewery

The Foundry

An 1890's railcar barn and iron Foundry, is reclaimed as a distillery, food + beverage hall, commissary kitchen, and place to connect!

The Foundry Website

No. 6 bike path

Jordan Creek Greenway Trail

Jordan Creek Trail is the main spine of the West Des Moines trail system and generally runs east/west through the City, linking houses and apartments to schools and recreational amenities.



No. 7 dinner & drinks

Wasabi

Wasabi offers the freshest fish, great selection of wine and hand craft cocktail.

Wasabi Website





No. 8 library

West Des Moines Library

Public library featuring a large selection of children's books, a play area, and trails.

West Des Moines Library



No. 10 sweet treats

Big Acai Bowl

Organic sorbet bowls, smoothies, and avocado toasts are the focus at this eatery with a relaxed atmosphere.

Big Acai Bowl Website

No. 9 parks + play

American Legion Park

Recreational park offering sports areas, a playground with water features, skatepark, tennis courts, picnic tables, etc.

American Legion Park Website

Raccoon River Park

Raccoon River Park is an urban park located in West Des Moines, Iowa. The park has 631.61 acres, with 232 acres consisting of Blue Heron Lake which is the center of the park.

Raccoon River Park Website

